



Options and Benefits

This list is set up to show the many areas we can benefit from Energetic Balancing. We get to see different options we have to Enhance ourselves along with an understanding that Vibrational balancing is an essential part of how we live.

People –

Balance Energy –

- “Magic Hands” (I feel/see what is out of balance)
- Hands on Healing/Touch Therapy (not massage)
- Chakra Balancing
- Meridian Balancing
- Acupressure
- Aura Reading

Some of the ***Dis-eases*** released:

- Trauma
- Cold/Flues
- Viruses
- Emotional upheaval
- Body stresses
- Aches and Pains
- Headaches/Migraines
- Stress
- Anxiety
- Sinusitis
- And More....

Spiritual Awareness –

- Understanding self better
- Clearing thought process
- Balance Mental Awareness
- Feeling what flows around you
- Spiritual Guidance
- Mourning processing

Pregnancy –

- Balance Energy during Pregnancy
- Contraction Reduction
- Relaxation during Delivery
- Toxemia Release

Hospitalization –

- Pre-operation
- Calmness of Body during Procedure
- Post-operation
- Recovery
- Best time frame for operation

Space Clearing –

- Clear out Energy
- Rid Space of Vortexes
- Balance Spaces' Energy
- Create Calmness and Happiness

Animals –

Animals have the same energy as does anything alive. They receive the same benefits.

Benefits –

When you are aligned you receive;

- Increased circulation
- More Energy
- Lighter on your feet
- Relaxed muscles
- Ease of the mind
- Removal of toxins
- Body Pain eased
- More awareness of life
- Enhances the body's energy flow.

These are the Results received from Being Balanced.
The Experience is Amazing!

Blessings from Nancy Kroner, Life Enhancement, www.Lifeenhancement101.com, 661.298.7473